

## PROFESSIONAL EDUCATION

The **Professional School Of Behavioral Health Sciences** offers a **Professional Certificate** in the Science of Breathing Behavior Analysis, **Certification** as Certified Breathing Behavior Analyst, and a **Professional Diploma** in Behavioral Breathing Science to qualified applicants.

If you are interested in formal training, visit their website at [www.bp.edu](http://www.bp.edu) or write to them for a Zoom appointment at [education@bp.edu](mailto:education@bp.edu). Go to [www.e-campus.bp.edu](http://www.e-campus.bp.edu) for a brochure, scheduling, and registration.

### ***A problem...***

Statistics suggest that tens millions of people world-wide suffer with the profound and misunderstood symptoms and deficits of learned dysfunctional breathing habits. Unfortunately, these habits are rarely identified by practitioners, their effects mistakenly attributed to other causes, and their resolutions prescriptive in nature where focus is on symptoms rather than on causes.

### ***A solution...***

The Professional School (1) trains healthcare practitioners, human service professionals, health educators, and performance enhancement consultants to integrate breathing learning services into their practices and businesses; (2) trains breathing specialists, e.g., breathworkers, to integrate the principles of behavior analysis into their practices; and (3) trains high-performance professionals such as athletes, performers, artists, and pilots, to bring breathing science applications into their work. To this end the School offers two breathing behavior analysis programs.

### ***Professional Certificate: Science of Breathing Behavior Analysis***

Earning this Certificate requires completing three webinars during a trimester, including: *Respiratory Psychophysiology*, *Breathing Habit Assessment*, and *Breathing Habit Modification*. These courses constitute three units of credit and 45 professional CE hours.

### ***Professional Certification: Certified Breathing Behavior Analyst***

Becoming Certified as a Breathing behavior Analyst requires completing the Proseminar, *Case Analysis, Review, and Practicum*, during the trimester following the Certificate training. During the Proseminar candidates present cases of their own and provide feedback for colleagues. The Proseminar constitutes another three units of credit and 45 professional CE hours.

**Important  
PLEASE READ!**

## GO Services

**Tech Support  
Warranty Information  
Tutorial Services**

**AND**

*In partnership with the  
Professional School of Behavioral Health Sciences*

**Consultation  
Professional Education**

## TECH SUPPORT

It is highly recommended that all CapnoTrainer GO users read the software Manuals and watch the tutorial videos for answers to their questions. These support materials are available at [www.betterphysiology.com](http://www.betterphysiology.com) as well as within the BASIC and PROFESSIONAL software programs themselves.

### Professional GO Users and their associated Trainers:

Set an appointment on Zoom with the Better Physiology Tech System at [tech@betterphysiology.com](mailto:tech@betterphysiology.com) for trouble-shooting your software and Cloud database account issues. Your professional subscription includes these live services at no cost to you or your associate trainers.

### Personal and Basic GO users:

Read the BASIC MANUAL and watch specifically relevant video tutorials available at [www.betterphysiology.com](http://www.betterphysiology.com) as well as within the software itself. Live tech support on Zoom is available for a fee of \$25.00 per 15 minutes of service by appointment with the Better Physiology Tech System. Go to [tech@betterphysiology.com](mailto:tech@betterphysiology.com) to set an appointment.

Tech Support does NOT provide software instructional services. You can, however, pay for live one-on-one tutorial service as described later.

## WARRANTY

**Standard Warranty:** The CapnoTrainer GO warranty is one year and includes parts, labor, and return shipment. The Warranty begins on the day of shipment following initial purchase.

**Extended Warranty Program:** The program is for a two-year period and includes parts, labor, return shipment, AND accidental damage. The extended program is available only at the GO initial purchase time and before shipment for a fee of \$300.00.

**Making a Claim:** In the event of a warranty claim, send an email to [tech@betterphysiology.com](mailto:tech@betterphysiology.com). Unless an email is sent to Better Physiology on or before the last day of the warranty time period, the warranty will be considered expired.

## TUTORIAL SERVICES

Many people learn to use software more efficiently through receiving one-on-one live help from a technology expert rather than by reading manuals and watching videos. Personal attention while learning the details of sophisticated software means learning to take advantage of its many perhaps otherwise overlooked features.

Better Physiology offers one-on-one tutorial services for a fee of \$25.00 per 15 minutes of service. Contact [tech@betterphysiology.com](mailto:tech@betterphysiology.com) to make an appointment. This service is above and beyond the trouble-shooting services provided at no charge for Professional GO users who receive these services as part of their subscription.

Better Physiology DOES NOT educate customers on how to provide breathing behavior analysis or CapnoLearning services. Consult the book, *CapnoLearning: An Introductory Guide*, or contact Sandra Reamer, MFA, MS at [sr@bp.edu](mailto:sr@bp.edu) and her network of breathing behavior analysts for help. For more details, please read about consultation services below.

## CONSULTATION SERVICES

Consultation services for both receiving or learning to provide CapnoLearning services can be obtained through **Sandra Reamer, MFA, MS**, co-author of *CapnoLearning: An Introductory Guide* (2023) at [sr@bp.edu](mailto:sr@bp.edu).

Sandra provides breathing assessment and learning sessions for Personal GO users, CapnoLearning instructional services for Professional GO practitioners who need assistance, and case review for practitioners wanting advice and feedback on specific cases.

Sandra supervises the CapnoLearning practicum programs at the Professional School of Behavioral Health Sciences for practitioners becoming Certified as Breathing Behavior Analysts as well as those seeking the Professional Diploma in Behavioral Breathing Science.

Sandra also manages a network of Certified Breathing Behavior Analysts worldwide, who can provide breathing learning services for those with dysfunctional breathing habits and/or for those interested in optimizing respiration and its associated acid-base physiology.